

TRUMBULL AYSO SAFETY MEASURES FOR FALL, 2020 SEASON **Developed from AYSO National Guidelines**

As your Board members we are working hard to bring back our sport in the safest way we possibly can. We appreciate our volunteers, parents, and players efforts in helping us to succeed in achieving this.

We all must remember, even though the young and healthy may experience a less severe case of COVID-19, a portion of cases are severe and sometimes fatal, particularly in those with risk factors. Health consequences may be long- term. Currently there is no way of eliminating the risk of infection.

All parents and volunteers will be required to sign a specific waiver acknowledging the potential impacts of Covid-19 to participate. If you do not feel safe participating, we completely understand. A reminder that soccer has some close contact play, generally is brief, but is not risk free.

General Guidance

The [Centers for Disease Control and Prevention](#) offers recommendations on how members of the public can limit the spread of the coronavirus. They currently include:

- [Clean and disinfect](#) frequently touched surfaces and exercise equipment (including balls).
- Thoroughly wash your hands with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer that contains at least 60% alcohol.
- Wear a cloth face covering that covers your nose and mouth in public settings.
- Stay at least 6 feet away from non-household members. *Note: research is ongoing on appropriate physical distance for bodies in motion.*
- Cover your mouth and nose with tissue when coughing or sneezing, or cough into your elbow.
- Stay at home if you are sick. Please let your coach know! AYSO will have a confidential process.

Overall – Standard Practice

Healthy Participants Only: Any players, coaches, and /or spectators who are sick are asked NOT to attend games.

Parents, family members, volunteer and players will abide by 6-foot minimum social distancing regulations, as well as all rules here-in as set down by the Trumbull AYSO Board. Social distancing markings will be placed on the sidelines of fields and at the field house.

This Fall we will play games only, according to schedules made for promoting social distancing and reducing crowd size on the fields. Practices will be suspended for the Fall, as monitoring safety procedures for practices during the week is more challenging. We will seek to schedule as many games as possible during the season to maximize participation.

We ask please that only ONE parent or guardian attend games with players IF possible, In order to limit the number of people on the fields at any one time. At-risk individuals are strongly urged to not attend, as well as very young siblings if at all possible.



AMERICAN YOUTH SOCCER ORGANIZATION
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Trumbull AYSO will:

- Adhere to AYSO Safe Haven guidelines set forth by the National Organization.
- Schedule games with ample space for players, spectators and volunteers distancing.
- **REQUIRE** face masks or covering to be worn by ALL coaches, volunteers, and spectators at all times while on the fields.
- **REQUIRE** all players to wear face masks on the sidelines when not playing, and when arriving and leaving the Kaechele Field facility.
- Players on the field of play will NOT be required to wear a mask, however optionally may do so.
- Provide sanitizing stations at or near the field house.

Pre-Game Modifications:

- Prior to arrival, everyone washes hands with soap or ethyl alcohol-based solution for at least 20 seconds.
Parents should bring hand sanitizer for themselves and their players. Volunteers should also bring hand sanitizer for themselves.
- Players arrive in full uniform, wear the color for their assigned home or away team,
and bring BOTH jersey colors in case a switch is needed (no pinnies will be used).
- Parents will escort players on and off the fields and facility. No player drop-offs.
- Enter the field promptly, avoid gatherings, and go to your assigned field right away. Stay at least 6 feet away from non-household members.
- Players will bring and carry their own equipment, and have all balls and water bottles marked with their name on these. No sharing of water, food or equipment.
- Coaches will bring their equipment and not allow anyone else to touch or assist with this. Coaches will
only greet parents and players verbally.
- Goalkeepers (10U-14U) will bring and use their own equipment (jersey and gloves).
- Pre-game warm-ups will be brief and passing only to keep social distance.
- For purchasing uniforms or using the restrooms, please see the Facilities section.

During-Game Modifications:

- 10U and below teams will assemble on opposite sidelines, and players will stand with their respective parent when not playing. All parents and players will socially distance at least 6 feet.
- 14U teams will occupy the same side of the field as usual with parents on the opposite side.



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- Coaches will coach from the sidelines for 5U – 14U. 4U will be run by professional coaches who will be trained to make this as safe as possible.
- Players pre-game line-up inspection by referees will be done separately for each team at the respective sideline.
- Referees will wear face shields to allow for greater safety and also be able to blow the whistle.
Refs will seek to stay 6 feet or more away from players on the field.
There will not be assistant referees to minimize volunteers on or near the field.
- Referees will sanitize balls in play as may be needed.
- Home team will have the choice of goal to defend – visiting team will take the kick-off.
- Pass-ins will take the place of throw-ins for all age groups.
Among players, only keepers may handle the ball and with gloves on.
- Corner kicks will require attackers outside of the goal area.
- No spitting or rinsing mouth with water and spitting it out.
- Players avoid touching eyes, nose, and mouth.

Post-Game Modifications:

- End of game handshakes or high-fives will be suspended.
- Coaches / volunteers will not provide shared team snacks.
- Parents, volunteers and players should exit the field promptly and avoid any gatherings.

Facility Rules

- Uniform sales will be on the field porch outside.
- Restrooms will be modified for contactless fixtures, sinks, soap dispensers and hand dryers. 6 foot social distance markings will be provided ahead of the restrooms. Only ONE person at a time in a restroom.
- Hand sanitizer stations will be provided at or near the field house.
- Board members will be on hand on the fields to answer questions and monitor that safety procedures are adhered to.
- ***NOTE, these rules are subject to changes and updates and will be communicated by email and on the website.***